



## **BOTOX (Botulinum A Toxin) INFORMED CONSENT**

I, \_\_\_\_\_, understand that I will be injected with Botulinum A Toxin (Botox®/Dysport®/ Xeomin®) in the area(s) of the glabellar muscles (between the eyebrows), forehead, masseter muscle, and/or the lateral areas of the eyes to paralyze these muscles temporarily for the purpose of providing migraine/headache and/or TMD (Temporomandibular joint Disorder) relief. This paralysis is temporary and re-injection will be necessary within three to four months to maintain the therapeutic effect. It has been explained to me that other treatments are available.

The possible side effects of Botulinum-A toxin include but are not limited to:

1. Risk of swelling, rash, headache, local numbness, pain at the injection site, bruising, allergic reaction which may include respiratory problems.
2. Infections can occur which in most cases are easily treatable but in rare cases a permanent scarring in the area can occur.
3. Bruising is possible anytime you inject a needle into the skin. This bruising can last for several hours, days, weeks, months and in rare cases the effect of bruising could be permanent.
4. Although many people with chronic headaches or migraines often get relief from treatment with Botulinum-A toxin, a small percent of patients get headaches following treatment for the first day. In a very small percentage of patients these headaches can persist for several days or weeks.
5. Local numbness, rash, pain at the injection site, flu like symptoms with mild fever, or back pain are rare but have been reported by the manufacturer.
6. In very rare instances, there is the possibility of respiratory problems such as bronchitis or sinusitis, nausea, dizziness, and tightness or irritation of the skin.
7. While local weakness of the injected muscles is representative of the expected pharmacological action of Botulinum-A toxin, weakness of adjacent muscles may occur as a result of the spread of the toxin.
8. I understand more than one session involving multiple injections may be needed to achieve a satisfactory result.

9. When injecting BoNT-A toxin around the eyes, there is a risk of corneal exposure due to the inability to blink the eyelids as often as needed to protect the eye. This inability to protect the eye has been associated with impaired vision, or double vision, which is usually temporary. This reduced blinking has also been associated with corneal ulcerations. There are medications that can help lift the eyelid, however if the drooping is too great the eye drops are not that effective. These side effects can last for several weeks or longer. This occurs in 2-5 percent of patients.

10. I will follow all aftercare instructions, as it is crucial I do so for healing.

As Botox is not an exact science, there might be an uneven appearance of the face with some muscles more affected by the Botox than others. In most cases this uneven appearance can be corrected by injecting Botox in the same or nearby muscles. However in some cases this uneven appearance can persist for several weeks or months.

This list is not meant to be inclusive of all possible risks associated with Botox as there are both known and unknown side effects associated with any medication or procedure.

Botox should not be administered to a pregnant or nursing woman.

I acknowledge I am NOT pregnant or nursing. \_\_\_\_\_

Additionally,

The number of units injected is an estimate of the amount of BoNT-A required to achieve the intended therapeutic effect. I understand there is no guarantee of results and the regular charge applies to all subsequent treatments.

I understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment.

By signing below, I acknowledge that I have read the foregoing informed consent and agree to the treatment with its associated risks. I hereby give consent to perform this and all subsequent BoNT-A treatments with the above understood.

Patient Signature \_\_\_\_\_ Date: \_\_\_\_\_