



kenner dental group
COSMETIC AND RESTORATIVE DENTISTRY

1800 SW 152nd Street, Ste 201, Burien, WA 98166 | (206) 248-1339 | www.kennerdentalgroup.com

Post Treatment Instructions

Please follow the instructions as indicated. If any abnormal or persistent symptoms are experienced, please contact this office.

Office Phone # (206) 248-1339

Dr. Kenner's after hour's phone # (206) 295-1793

Extraction

1. Do not rinse mouth today. Tomorrow, rinse mouth gently every 3 to 4 hours (especially after meals) using one quarter teaspoon of salt to a glass of warm water or prescription mouth rinse if prescribed.

Continue rinsing for several days.

2. Some bleeding is to be expected following extractions. If persistent bleeding occurs, place gauze pads over bleeding area and bite down firmly for one-half hour. Repeat as needed.

3. ___ Tylenol 325mg-650mg every 4 hours

___ Advil 400mg every 4 hours

If any other medication has been prescribed, take as instructed.

4. Swelling and stiffness in the affected area is normal and should not cause alarm. This typically develops over 48 hours after surgery.

5. An ice bag or a cold, moist cloth should be applied against outside of face around affected area for 5 minutes on and 10 minutes off for one hour.

6. Keep tongue and fingers away from socket area.

7. A liquid or soft diet is advisable during the first 24 hours.

8. Small, sharp bone fragments may be felt through the gums during healing. These generally break away or work themselves out, however if they become annoying, they can be removed.

